

# UK Upper Limb Spasticity Meeting

Friday 4<sup>th</sup> October 2019

Clinical Sciences Building Lecture Theatre  
St James's University Hospital  
Beckett Street, Leeds, LS9 7LN

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|-----------------------|--|---|
| <b>09:00 - 09:10</b>  | Welcome and Introduction   | Catherine Heron (Leeds)                                 |
| <b>09:10 - 09:40</b>  | Selective Denervation for upper limb spasticity  | Izabela Blaszczyk (Sweden)                              |
| <b>09:40 - 10:10</b>  | Patient videos and discussion  | Izabela Blaszczyk (Sweden)                              |
| <b>10:10 - 11:10</b>  | <b>Debate:</b> Surgery for upper limb spasticity in children<br>Staged<br>VS<br>Single Stage   | Simon Pickard (Oswestry)<br><br>Matt Nixon (Manchester) |
| <b>11:10 - 11:20</b>  | Discussion   |   |
| <b>11:20 - 11:45</b>  | <b>Coffee</b>  |   |
| <b>11:45 - 12:15</b>  | Psychological Management of upper limb spasticity  | Dr Maggie Bellew (Leeds)                                |
| <b>12:15 - 12:45</b>  | Over 20 Year's Experience of Surgical Management of Upper Limb Spasticity  | Waseem Saeed (London)                                   |
| <b>12:45 - 13:45</b>  | <b>Lunch</b>   |   |
| <b>13:45 - 14:15</b>  | Management of upper limb spasticity in tetraplegia   | Pradeep Thumbikat (Sheffield)                           |
| <b>14:15 - 15:00</b>  | Spasticity and mirror movements – What are the implications for function and intervention  | Professor Dido Green (London)                           |
| <b>15:00 - 15:20</b>  | <b>Coffee</b>  |   |
| <b>15:20 - 15:40</b>  | Development of patient pathways for management of upper limb spasticity in children  | Jessica Mudd (Leeds)                                    |
| <b>15:40 - 16:10</b>  | Developing the Children's Arm Rehabilitation Measure (CHARM) – addressing limitations in measurement of children's upper limb function | Dr Nick Preston (Leeds)                                 |
| <b>16:10 - 16:25</b>  | Spasticity Meeting Steering Group Update Including update from UK and Ireland Upper Limb Rehabilitation Network                        | Rachel Buckingham (Oxford)/<br>Joanna Burdon (Leeds)    |
| <b>End of meeting</b> |  |   |